



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

Tschannen, Andreas

□□□: 3:51:02

□□: LSV Basel

□□: 10.91 km/h

□□: 409

□□□□: 5:29 min/km

□□: 42.16 km

□□□□□/□□□: 20 (of 311)

Marathon

□□□□□/□: 20 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 3(of 62)

Männer M45

□□□□□□□: 3:40:26

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-------|---------|------|---------|---------|---------|---------|
| Runde | 5.27 | 27:28 | 5:12 | 6 | 3:18 | 40 | 5:45 | 5.27 | 27:28 | 5:12 | 37 | - | 26 | |
| Runde | 5.27 | 27:04 | 5:08 | 4 | 2:16 | 31 | 5:21 | 10.54 | 54:32 | 5:10 | 34 | - | 21 | 11:06 |
| Runde | 5.27 | 28:03 | 5:19 | 4 | 2:22 | 34 | 5:48 | 15.81 | 1:22:35 | 5:13 | 34 | - | 21 | 16:54 |
| Runde | 5.27 | 28:10 | 5:20 | 3 | 1:32 | 26 | 5:22 | 21.08 | 1:50:45 | 5:15 | 34 | - | 21 | 22:16 |
| Runde | 5.27 | 29:02 | 5:30 | 3 | 0:54 | 23 | 6:26 | 26.35 | 2:19:47 | 5:18 | 34 | - | 21 | 28:42 |
| Runde | 5.27 | 30:08 | 5:43 | 4 | 1:03 | 23 | 7:36 | 31.62 | 2:49:55 | 5:22 | 34 | - | 21 | 36:18 |
| Runde | 5.27 | 30:32 | 5:47 | 4 | 0:46 | 17 | 7:20 | 36.89 | 3:20:27 | 5:26 | 33 | - | 20 | 43:38 |
| Runde | 5.27 | 30:35 | 5:48 | 5 | 14:50 | 21 | 14:50 | 42.16 | 3:51:02 | 5:28 | 6 | 2:53:38 | 26 | 2:57:40 |