



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Schneiderchen, Klaus

□□: Haselstaude Runners

□□: 349

□□: 42.16 km

Marathon

□□□□:

Männer M40

□□□: 4:02:06

□□: 10.45 km/h

□□□□: 5:44 min/km

□□□□□/□□□: 39 (of 311)

□□□□□/□: 38 (of 279)

□□□□□□: 3:02:44

□□□□□: 10(of 62)

□□□□□□□: 3:33:30

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	30:37	5:48	22	7:51	95	8:54	5.27	30:37	5:48	42		44	0:04
Runde	5.27	29:49	5:39	20	6:08	73	8:06	10.54	1:00:26	5:44	41		39	17:00
Runde	5.27	28:53	5:28	13	4:10	46	6:38	15.81	1:29:19	5:38	41		39	23:38
Runde	5.27	29:05	5:31	12	3:19	38	6:17	21.08	1:58:24	5:37	41		39	29:55
Runde	5.27	30:05	5:42	10	3:35	35	7:29	26.35	2:28:29	5:38	41		39	37:24
Runde	5.27	30:52	5:51	7	2:43	33	8:20	31.62	2:59:21	5:40	41		39	45:44
Runde	5.27	31:45	6:01	6	3:18	27	8:33	36.89	3:31:06	5:43	41		38	54:17
Runde	5.27	31:00	5:52	6	4:00	25	15:15	42.16	4:02:06	5:44	11	3:08:44	44	3:08:44