



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Schönwälder, Brigitte

□□□: 4:07:48

□□: LG Stadtbergen

□□: 10.17 km/h

□□: 310

□□□□: 5:53 min/km

□□: 42.16 km

□□□□□/□□□□: 50 (of 311)

Marathon

□□□□□/□: 4 (of 32)

□□□□□□: 3:54:55

□□□□:

□□□□□: 2(of 9)

Frauen W45

□□□□□□□: 4:02:43

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|-------|------|-------|--------|----|------|----|------|-------|---------|--------|----|---------|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Runde | 5.27 | 30:23 | 5:45 | 2 | 0:47 | 6 | 4:10 | 5.27 | 30:23 | 5:45 | 2 | 0:47 | 27 | |
| Runde | 5.27 | 29:40 | 5:37 | 2 | 0:25 | 3 | 2:49 | 10.54 | 1:00:03 | 5:41 | 2 | 1:12 | 27 | |
| Runde | 5.27 | 30:03 | 5:42 | 2 | 0:23 | 3 | 1:50 | 15.81 | 1:30:06 | 5:41 | 2 | 1:35 | 27 | |
| Runde | 5.27 | 30:12 | 5:43 | 2 | 0:21 | 4 | 0:58 | 21.08 | 2:00:18 | 5:42 | 2 | 1:56 | 27 | |
| Runde | 5.27 | 30:27 | 5:46 | 1 | - | 1 | - | 26.35 | 2:30:45 | 5:43 | 2 | 1:45 | 27 | |
| Runde | 5.27 | 31:04 | 5:53 | 1 | - | 3 | 0:29 | 31.62 | 3:01:49 | 5:45 | 2 | 1:37 | 27 | |
| Runde | 5.27 | 32:43 | 6:12 | 2 | 1:26 | 4 | 1:39 | 36.89 | 3:34:32 | 5:48 | 2 | 3:03 | 27 | |
| Runde | 5.27 | 33:16 | 6:18 | 2 | 2:02 | 5 | 2:47 | 42.16 | 4:07:48 | 5:52 | 3 | 3:29:43 | 7 | 3:29:43 |