



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Labitzke, Stefan

□□: Nürnberg

□□: 208

□□: 42.16 km

Marathon

□□□□:

Männer M45

□□□: 4:09:34

□□: 10.10 km/h

□□□□: 5:55 min/km

□□□□□/□□□□: 56 (of 311)

□□□□□/□: 52 (of 279)

□□□□□□: 3:02:44

□□□□□: 9(of 62)

□□□□□□□: 3:40:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	28:04	5:19	7	3:54	47	6:21	5.27	28:04	5:19	43	-	58	
Runde	5.27	28:28	5:24	10	3:40	48	6:45	10.54	56:32	5:21	38	-	46	13:06
Runde	5.27	29:16	5:33	10	3:35	50	7:01	15.81	1:25:48	5:25	40	-	53	20:07
Runde	5.27	29:59	5:41	10	3:21	54	7:11	21.08	1:55:47	5:29	40	-	53	27:18
Runde	5.27	31:30	5:58	10	3:22	58	8:54	26.35	2:27:17	5:35	40	-	53	36:12
Runde	5.27	33:06	6:16	12	4:01	62	10:34	31.62	3:00:23	5:42	40	-	43	46:46
Runde	5.27	34:30	6:32	12	4:44	61	11:18	36.89	3:34:53	5:49	39	-	52	58:04
Runde	5.27	34:41	6:34	13	18:56	60	18:56	42.16	4:09:34	5:55	12	3:12:10	58	3:16:12