



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Heiml, Alexandra

00: Eigner- Express

00: 128

00: 42.16 km

Marathon

0000:

Frauen W35

000: 4:13:26

00: 9.98 km/h

0000: 6:01 min/km

00000/000: 60 (of 311)

00000/0: 5 (of 32)

000000: 3:54:55

00000: 2(of 5)

0000000: 4:04:49

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	30:38	5:48	3	1:06	8	4:25	5.27	30:38	5:48	2	0:01	26	
Runde	5.27	30:35	5:48	1	-	5	3:44	10.54	1:01:13	5:48	2		26	
Runde	5.27	30:59	5:52	2	0:39	6	2:46	15.81	1:32:12	5:49	2	0:38	26	
Runde	5.27	31:16	5:55	2	1:10	5	2:02	21.08	2:03:28	5:51	2	1:48	26	
Runde	5.27	31:49	6:02	2	1:10	5	1:22	26.35	2:35:17	5:53	2	2:58	26	
Runde	5.27	32:35	6:10	2	1:38	5	2:00	31.62	3:07:52	5:56	2	4:36	26	
Runde	5.27	32:56	6:14	2	1:52	5	1:52	36.89	3:40:48	5:59	2	6:28	26	
Runde	5.27	32:38	6:11	2	2:09	4	2:09	42.16	4:13:26	6:00	2	8:37	8	3:35:21