



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Mattes, Maximilian

□□□: 4:14:15

□□: 1. FC Wahnsinn Streichen

□□: 9.91 km/h

□□: 239

□□□□: 6:02 min/km

□□: 42.16 km

□□□□□/□□□: 63 (of 311)

Marathon

□□□□□/□: 58 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 4(of 19)

Männer M20

□□□□□□□: 3:02:44

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	31:37	5:59	7	9:54	129	9:54	5.27	31:37	5:59	17			66	1:04
Runde	5.27	29:55	5:40	7	8:12	79	8:12	10.54	1:01:32	5:50	17			61	18:06
Runde	5.27	28:57	5:29	5	6:42	48	6:42	15.81	1:30:29	5:43	17			61	24:48
Runde	5.27	29:30	5:35	5	6:42	45	6:42	21.08	1:59:59	5:41	17			61	31:30
Runde	5.27	31:01	5:53	4	8:25	52	8:25	26.35	2:31:00	5:43	17			61	39:55
Runde	5.27	33:12	6:17	4	10:40	64	10:40	31.62	3:04:12	5:49	17			61	50:35
Runde	5.27	35:48	6:47	7	12:36	76	12:36	36.89	3:40:00	5:57	17			60	1:03:11
Runde	5.27	34:15	6:29	3	8:20	56	18:30	42.16	4:14:15	6:01	4	1:11:31		64	3:20:53