



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Rodriguez, Charo

□□: Cañorroto flower power team

□□: 314

□□: 42.16 km

Marathon

□□□□:

Frauen W50

□□□: 4:19:20

□□: 9.72 km/h

□□□□: 6:09 min/km

□□□□□/□□□: 78 (of 311)

□□□□□/□: 6 (of 32)

□□□□□□: 3:54:55

□□□□□: 1(of 3)

□□□□□□□: 4:19:20

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	29:23	5:34	1	-	3	3:10	5.27	29:23	5:34	2	-	25	
Runde	5.27	31:06	5:54	1	-	7	4:15	10.54	1:00:29	5:44	1	-	25	
Runde	5.27	31:18	5:56	1	-	7	3:05	15.81	1:31:47	5:48	1	-	25	
Runde	5.27	31:57	6:03	1	-	6	2:43	21.08	2:03:44	5:52	1	-	25	
Runde	5.27	32:16	6:07	1	-	6	1:49	26.35	2:36:00	5:55	1	-	25	
Runde	5.27	33:32	6:21	1	-	6	2:57	31.62	3:09:32	5:59	1	-	25	
Runde	5.27	34:12	6:29	1	-	6	3:08	36.89	3:43:44	6:03	1	-	25	
Runde	5.27	35:36	6:45	1	-	7	5:07	42.16	4:19:20	6:09	2	2:50:39	9	3:41:15