



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

Geske, Michael

□□□: 4:19:29

□□: LSF Münster

□□: 9.71 km/h

□□: 98

□□□□: 6:09 min/km

□□: 42.16 km

□□□□□/□□□: 81 (of 311)

Marathon

□□□□□/□: 75 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 10(of 47)

Männer M50

□□□□□□□: 3:29:07

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	35:19	6:42	33	10:04	214	13:36	5.27	35:19	6:42	34	2:30	80	4:46	
Runde	5.27	33:31	6:21	26	8:30	170	11:48	10.54	1:08:50	6:31	34	1:04	75	25:24	
Runde	5.27	32:21	6:08	15	6:19	118	10:06	15.81	1:41:11	6:23	34		75	35:30	
Runde	5.27	31:44	6:01	11	5:48	91	8:56	21.08	2:12:55	6:18	34		75	44:26	
Runde	5.27	31:44	6:01	7	5:25	64	9:08	26.35	2:44:39	6:14	34		75	53:34	
Runde	5.27	31:42	6:00	4	4:25	44	9:10	31.62	3:16:21	6:12	34		75	1:02:44	
Runde	5.27	31:48	6:02	4	4:09	29	8:36	36.89	3:48:09	6:11	34		74	1:11:20	
Runde	5.27	31:20	5:56	5	5:42	28	15:35	42.16	4:19:29	6:09	10	50:22	81	3:26:07	