



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Süßer, Kurt

□□: BSG Sparkasse Ulm

□□: 394

□□: 42.16 km

Marathon

□□□□:

Männer M45

□□□: 4:27:40

□□: 9.41 km/h

□□□□: 6:21 min/km

□□□□□/□□□: 95 (of 311)

□□□□□/□: 88 (of 279)

□□□□□□: 3:02:44

□□□□□: 20(of 62)

□□□□□□□: 3:40:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	30:30	5:47	21	6:20	89	8:47	5.27	30:30	5:47	54	-	93	
Runde	5.27	31:53	6:02	31	7:05	123	10:10	10.54	1:02:23	5:55	51	-	88	18:57
Runde	5.27	30:00	5:41	15	4:19	69	7:45	15.81	1:32:23	5:50	51	-	88	26:42
Runde	5.27	30:52	5:51	15	4:14	72	8:04	21.08	2:03:15	5:50	51	-	88	34:46
Runde	5.27	34:22	6:31	27	6:14	111	11:46	26.35	2:37:37	5:58	51	-	88	46:32
Runde	5.27	35:12	6:40	22	6:07	92	12:40	31.62	3:12:49	6:05	51	-	88	59:12
Runde	5.27	37:59	7:12	26	8:13	108	14:47	36.89	3:50:48	6:15	50	-	87	1:13:59
Runde	5.27	36:52	6:59	21	21:07	88	21:07	42.16	4:27:40	6:20	23	3:30:16	94	3:34:18