



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

Möller, Marco

□□: TRICON Schwäbisch Hall
 □□: 254

□□: 42.16 km
 Marathon

□□□□:
 Männer M30

□□□: 4:30:27

□□: 9.35 km/h
 □□□□: 6:25 min/km

□□□□□/□□□: 101 (of 311)

□□□□□/□: 94 (of 279)

□□□□□□: 3:02:44

□□□□□: 15(of 33)

□□□□□□□: 3:37:39

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Runde | 5.27 | 31:28 | 5:58 | 19 | 6:59 | 127 | 9:45 | 5.27 | 31:28 | 5:58 | 20 | - | 99 | 0:55 |
| Runde | 5.27 | 32:03 | 6:04 | 19 | 7:36 | 125 | 10:20 | 10.54 | 1:03:31 | 6:01 | 20 | - | 94 | 20:05 |
| Runde | 5.27 | 32:32 | 6:10 | 18 | 8:33 | 122 | 10:17 | 15.81 | 1:36:03 | 6:04 | 20 | - | 94 | 30:22 |
| Runde | 5.27 | 31:58 | 6:03 | 17 | 6:31 | 96 | 9:10 | 21.08 | 2:08:01 | 6:04 | 20 | - | 94 | 39:32 |
| Runde | 5.27 | 32:58 | 6:15 | 14 | 6:27 | 90 | 10:22 | 26.35 | 2:40:59 | 6:06 | 20 | - | 94 | 49:54 |
| Runde | 5.27 | 34:10 | 6:28 | 14 | 5:57 | 80 | 11:38 | 31.62 | 3:15:09 | 6:10 | 20 | - | 94 | 1:01:32 |
| Runde | 5.27 | 36:25 | 6:54 | 12 | 6:22 | 85 | 13:13 | 36.89 | 3:51:34 | 6:16 | 20 | - | 93 | 1:14:45 |
| Runde | 5.27 | 38:53 | 7:22 | 16 | 10:21 | 127 | 23:08 | 42.16 | 4:30:27 | 6:24 | 15 | 52:48 | 100 | 3:37:05 |