



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Götz, Volker

00: Hoppengarten

00: 105

00: 42.16 km

Marathon

0000:

Männer M45

000: 4:34:29

00: 9.22 km/h

0000: 6:31 min/km

00000/000: 114 (of 311)

00000/0: 107 (of 279)

000000: 3:02:44

00000: 23(of 62)

0000000: 3:40:26

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	30:23	5:45	19	6:13	85	8:40	5.27	30:23	5:45	57		112	
Runde	5.27	30:35	5:48	24	5:47	95	8:52	10.54	1:00:58	5:47	54		107	17:32
Runde	5.27	32:00	6:04	29	6:19	111	9:45	15.81	1:32:58	5:52	54		107	27:17
Runde	5.27	33:09	6:17	29	6:31	114	10:21	21.08	2:06:07	5:58	54		107	37:38
Runde	5.27	35:51	6:48	32	7:43	142	13:15	26.35	2:41:58	6:08	54		107	50:53
Runde	5.27	36:52	6:59	28	7:47	120	14:20	31.62	3:18:50	6:17	54		107	1:05:13
Runde	5.27	38:18	7:16	29	8:32	116	15:06	36.89	3:57:08	6:25	53		106	1:20:19
Runde	5.27	37:21	7:05	25	21:36	99	21:36	42.16	4:34:29	6:30	26	3:37:05	113	3:41:07