



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Handke, Jens

00: Dresden

00: 118

00: 42.16 km

Marathon

0000:

Männer M35

000: 4:37:51

00: 9.10 km/h

0000: 6:35 min/km

00000/000: 122 (of 311)

00000/0: 114 (of 279)

000000: 3:02:44

00000: 16(of 35)

0000000: 3:26:19

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	31:22	5:57	18	8:01	121	9:39	5.27	31:22	5:57	34			90	0:49
Runde	5.27	32:06	6:05	18	7:30	126	10:23	10.54	1:03:28	6:01	32			114	20:02
Runde	5.27	32:54	6:14	22	8:06	130	10:39	15.81	1:36:22	6:05	32			114	30:41
Runde	5.27	33:14	6:18	16	7:43	116	10:26	21.08	2:09:36	6:08	32			114	41:07
Runde	5.27	34:35	6:33	18	8:31	113	11:59	26.35	2:44:11	6:13	32			114	53:06
Runde	5.27	38:13	7:15	21	11:54	150	15:41	31.62	3:22:24	6:24	32			114	1:08:47
Runde	5.27	37:42	7:09	14	10:36	103	14:30	36.89	4:00:06	6:30	32			113	1:23:17
Runde	5.27	37:45	7:09	14	11:07	109	22:00	42.16	4:37:51	6:35	17	3:36:08	120	3:44:29	