



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Schmidt, Bernd

00: Geschwenda

00: 339

00: 42.16 km

Marathon

0000:

Männer M50

000: 4:48:01

00: 8.78 km/h

0000: 6:50 min/km

00000/000: 153 (of 311)

00000/0: 143 (of 279)

000000: 3:02:44

00000: 19(of 47)

0000000: 3:29:07

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	34:32	6:33	27	9:17	197	12:49	5.27	34:32	6:33	43	1:43	148	3:59
Runde	5.27	34:44	6:35	30	9:43	192	13:01	10.54	1:09:16	6:34	43	1:30	143	25:50
Runde	5.27	34:20	6:30	25	8:18	168	12:05	15.81	1:43:36	6:33	43		143	37:55
Runde	5.27	35:47	6:47	26	9:51	174	12:59	21.08	2:19:23	6:36	43		143	50:54
Runde	5.27	37:16	7:04	26	10:57	168	14:40	26.35	2:56:39	6:42	43		143	1:05:34
Runde	5.27	38:23	7:17	22	11:06	153	15:51	31.62	3:35:02	6:48	43		143	1:21:25
Runde	5.27	38:33	7:18	18	10:54	123	15:21	36.89	4:13:35	6:52	43		142	1:36:46
Runde	5.27	34:26	6:32	11	8:48	57	18:41	42.16	4:48:01	6:49	19	1:18:54	149	3:54:39