



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Brandt, Sebastian

000: 4:48:32

00: Veloraptor

00: 8.77 km/h

00: 39

0000: 6:50 min/km

00: 42.16 km

00000/000: 156 (of 311)

Marathon

00000/0: 146 (of 279)

000000: 3:02:44

0000:

00000: 9(of 19)

Männer M20

0000000: 3:02:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	5.27	34:11	6:29	10	12:28	183	12:28	5.27	34:11	6:29	12		130	3:38
Runde	5.27	34:37	6:34	13	12:54	188	12:54	10.54	1:08:48	6:31	12	1:19	146	25:22
Runde	5.27	34:37	6:34	11	12:22	175	12:22	15.81	1:43:25	6:32	12	3:51	125	37:44
Runde	5.27	34:25	6:31	11	11:37	143	11:37	21.08	2:17:50	6:32	12	5:21	146	49:21
Runde	5.27	36:23	6:54	12	13:47	154	13:47	26.35	2:54:13	6:36	12	6:52	125	1:03:08
Runde	5.27	35:34	6:44	6	13:02	97	13:02	31.62	3:29:47	6:38	12	5:09	146	1:16:10
Runde	5.27	35:46	6:47	6	12:34	75	12:34	36.89	4:05:33	6:39	12		124	1:28:44
Runde	5.27	42:59	8:09	9	17:04	169	27:14	42.16	4:48:32	6:50	9	1:45:48	152	3:55:10