



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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schmidthaler, georg

□□□: 4:49:20

□□: Laufwunder Steyr

□□: 8.71 km/h

□□: 343

□□□□: 6:52 min/km

□□: 42.16 km

□□□□□/□□□: 159 (of 311)

Marathon

□□□□□/□: 149 (of 279)

□□□□□□: 3:02:44

□□□□:

□□□□□: 21(of 47)

Männer M50

□□□□□□□: 3:29:07

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	35:18	6:41	32	10:03	213	13:35	5.27	35:18	6:41	45	2:29	154	4:45	
Runde	5.27	33:50	6:25	28	8:49	178	12:07	10.54	1:09:08	6:33	45	1:22	149	25:42	
Runde	5.27	34:03	6:27	20	8:01	156	11:48	15.81	1:43:11	6:31	45		149	37:30	
Runde	5.27	34:49	6:36	20	8:53	155	12:01	21.08	2:18:00	6:32	45		149	49:31	
Runde	5.27	35:33	6:44	20	9:14	138	12:57	26.35	2:53:33	6:35	45		93	1:02:28	
Runde	5.27	36:58	7:00	19	9:41	124	14:26	31.62	3:30:31	6:39	45		149	1:16:54	
Runde	5.27	39:07	7:25	21	11:28	135	15:55	36.89	4:09:38	6:46	45		148	1:32:49	
Runde	5.27	39:42	7:31	21	14:04	140	23:57	42.16	4:49:20	6:51	21	1:20:13	155	3:55:58	