



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

Fahrner, Elke

□□: DVAG-Marathon-Team

□□: 78

□□: 42.16 km

Marathon

□□□□:

Frauen W40

□□□: 4:52:40

□□: 8.61 km/h

□□□□: 6:56 min/km

□□□□□/□□□: 168 (of 311)

□□□□□/□: 11 (of 32)

□□□□□□: 3:54:55

□□□□□: 3(of 3)

□□□□□□□: 3:54:55

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	34:33	6:33	3	8:20	14	8:20	5.27	34:33	6:33	3	8:20	20		
Runde	5.27	35:03	6:39	3	8:12	13	8:12	10.54	1:09:36	6:36	3	16:32	20		
Runde	5.27	35:34	6:44	3	7:21	12	7:21	15.81	1:45:10	6:39	3	23:53	20		
Runde	5.27	35:57	6:49	3	6:43	12	6:43	21.08	2:21:07	6:41	3	30:36	20		
Runde	5.27	36:42	6:57	3	6:06	11	6:15	26.35	2:57:49	6:44	3	36:42	20		
Runde	5.27	38:02	7:13	2	7:27	10	7:27	31.62	3:35:51	6:49	3	44:09	20		
Runde	5.27	38:27	7:17	2	7:02	8	7:23	36.89	4:14:18	6:53	3	51:11	20		
Runde	5.27	38:22	7:16	2	6:34	12	7:53	42.16	4:52:40	6:56	3	57:45	14	4:14:35	