



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

John, Marianne

□□: Halle

□□: 164

□□: 42.16 km

Marathon

□□□□:

Frauen W20

□□□: 4:53:43

□□: 8.58 km/h

□□□□: 6:58 min/km

□□□□□/□□□: 172 (of 311)

□□□□□/□: 12 (of 32)

□□□□□□: 3:54:55

□□□□□: 2(of 4)

□□□□□□□: 4:46:41

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	35:18	6:41	2	2:34	15	9:05	5.27	35:18	6:41	2	2:34	19		
Runde	5.27	37:08	7:02	2	3:17	18	10:17	10.54	1:12:26	6:52	2	5:51	19	1:55	
Runde	5.27	36:36	6:56	2	3:06	15	8:23	15.81	1:49:02	6:53	2	8:57	19	3:01	
Runde	5.27	35:41	6:46	2	1:19	11	6:27	21.08	2:24:43	6:51	2	10:16	19	1:52	
Runde	5.27	36:05	6:50	2	1:22	10	5:38	26.35	3:00:48	6:51	2	11:38	19		
Runde	5.27	37:38	7:08	2	0:01	9	7:03	31.62	3:38:26	6:54	2	11:39	19		
Runde	5.27	38:30	7:18	1	-	9	7:26	36.89	4:16:56	6:57	2	11:25	19		
Runde	5.27	36:47	6:58	1	-	8	6:18	42.16	4:53:43	6:58	2	7:02	15	4:15:38	