



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Schneider, Elmar

00: RV Viktoria Wombach

00: 348

00: 42.16 km

Marathon

0000:

Männer M45

000: 5:06:44

00: 8.25 km/h

0000: 7:17 min/km

00000/000: 200 (of 311)

00000/0: 185 (of 279)

000000: 3:02:44

00000: 45(of 62)

0000000: 3:40:26

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Runde	5.27	32:33	6:10	36	8:23	150	10:50	5.27	32:33	6:10	1	-	191	2:00
Runde	5.27	33:22	6:19	38	8:34	161	11:39	10.54	1:05:55	6:15	1	-	186	22:29
Runde	5.27	36:07	6:51	44	10:26	204	13:52	15.81	1:42:02	6:27	1	-	186	36:21
Runde	5.27	37:53	7:11	46	11:15	207	15:05	21.08	2:19:55	6:38	1	-	186	51:26
Runde	5.27	39:36	7:30	48	11:28	202	17:00	26.35	2:59:31	6:48	1	-	186	1:08:26
Runde	5.27	41:44	7:55	47	12:39	204	19:12	31.62	3:41:15	6:59	1	-	186	1:27:38
Runde	5.27	43:42	8:17	45	13:56	189	20:30	36.89	4:24:57	7:10	1	-	185	1:48:08
Runde	5.27	41:47	7:55	41	26:02	161	26:02	42.16	5:06:44	7:16	48	4:09:20	191	4:13:22