



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Schulz, Maik

00: Flensburg

00: 363

00: 42.16 km

Marathon

0000:

Männer M35

000: 5:07:20

00: 8.23 km/h

0000: 7:17 min/km

00000/000: 202 (of 311)

00000/0: 187 (of 279)

000000: 3:02:44

00000: 27(of 35)

0000000: 3:26:19

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	30:40	5:49	14	7:19	97	8:57	5.27	30:40	5:49	11			193	0:07
Runde	5.27	33:59	6:26	28	9:23	181	12:16	10.54	1:04:39	6:08	1	-		188	21:13
Runde	5.27	37:04	7:02	33	12:16	222	14:49	15.81	1:41:43	6:26	1	-		188	36:02
Runde	5.27	37:55	7:11	33	12:24	208	15:07	21.08	2:19:38	6:37	1	-		188	51:09
Runde	5.27	40:09	7:37	31	14:05	213	17:33	26.35	2:59:47	6:49	1	-		188	1:08:42
Runde	5.27	42:52	8:08	31	16:33	219	20:20	31.62	3:42:39	7:02	1	-		188	1:29:02
Runde	5.27	44:32	8:27	27	17:26	198	21:20	36.89	4:27:11	7:14	1	-		187	1:50:22
Runde	5.27	40:09	7:37	22	13:31	144	24:24	42.16	5:07:20	7:17	28	4:05:37		193	4:13:58