



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Littwin, Gabi

□□: LT Lippehasen

□□: 221

□□: 42.16 km

Marathon

□□□□:

Frauen W50

□□□: 5:30:33

□□: 7.62 km/h

□□□□: 7:50 min/km

□□□□□/□□□: 247 (of 311)

□□□□□/□: 19 (of 32)

□□□□□□: 3:54:55

□□□□□: 2(of 3)

□□□□□□□: 4:19:20

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	39:06	7:25	3	9:43	26	12:53	5.27	39:06	7:25	3	0:25	12	1:47	
Runde	5.27	39:01	7:24	2	7:55	24	12:10	10.54	1:18:07	7:24	2	17:38	12	7:36	
Runde	5.27	39:06	7:25	2	7:48	22	10:53	15.81	1:57:13	7:24	2	25:26	12	11:12	
Runde	5.27	38:36	7:19	2	6:39	18	9:22	21.08	2:35:49	7:23	2	32:05	12	12:58	
Runde	5.27	40:52	7:45	2	8:36	19	10:25	26.35	3:16:41	7:27	2	40:41	12	15:33	
Runde	5.27	42:58	8:09	2	9:26	19	12:23	31.62	3:59:39	7:34	2	50:07	12	18:35	
Runde	5.27	44:33	8:27	2	10:21	17	13:29	36.89	4:44:12	7:42	2	1:00:28	12	21:56	
Runde	5.27	46:21	8:47	2	10:45	22	15:52	42.16	5:30:33	7:50	3	4:01:52	22	4:52:28	