



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

□□□□

Reinhardt, Guido

□□: Hash House Harriers Heidelberg
□□: 309

□□: 42.16 km
Marathon

□□□□:
Männer M50

□□□: 5:47:37

□□: 7.28 km/h
□□□□: 8:15 min/km

□□□□□/□□□: 283 (of 311)

□□□□□/□: 259 (of 279)

□□□□□□: 3:02:44

□□□□□: 44(of 47)

□□□□□□□: 3:29:07

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	39:00	7:24	44	13:45	264	17:17	5.27	39:00	7:24	21	6:11	265	8:27
Runde	5.27	37:45	7:09	40	12:44	240	16:02	10.54	1:16:45	7:16	21	8:59	260	33:19
Runde	5.27	38:49	7:21	41	12:47	249	16:34	15.81	1:55:34	7:18	21	11:32	260	49:53
Runde	5.27	39:45	7:32	38	13:49	233	16:57	21.08	2:35:19	7:22	21	12:52	260	1:06:50
Runde	5.27	41:37	7:53	38	15:18	227	19:01	26.35	3:16:56	7:28	21	8:35	260	1:25:51
Runde	5.27	41:41	7:54	33	14:24	201	19:09	31.62	3:58:37	7:32	21	3:50	260	1:45:00
Runde	5.27	44:39	8:28	30	17:00	201	21:27	36.89	4:43:16	7:40	21	0:53	259	2:06:27
Runde	5.27	1:04:21	12:12	47	38:43	277	48:36	42.16	5:47:37	8:14	44	2:18:30	265	4:54:15