



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

0000

Rohn, Volker

00: Halle

00: 316

00: 42.16 km

Marathon

0000:

Männer M40

000: 5:50:54

00: 7.21 km/h

0000: 8:19 min/km

00000/000: 286 (of 311)

00000/0: 262 (of 279)

000000: 3:02:44

00000: 58(of 62)

0000000: 3:33:30

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Runde	5.27	39:15	7:26	59	16:29	266	17:32	5.27	39:15	7:26	28	6:38	268	8:42
Runde	5.27	40:28	7:40	59	16:47	267	18:45	10.54	1:19:43	7:33	28	14:42	263	36:17
Runde	5.27	41:03	7:47	60	16:20	269	18:48	15.81	2:00:46	7:38	28	21:16	263	55:05
Runde	5.27	41:02	7:47	58	15:16	252	18:14	21.08	2:41:48	7:40	28	24:33	263	1:13:19
Runde	5.27	43:49	8:18	57	17:19	251	21:13	26.35	3:25:37	7:48	28	25:39	263	1:34:32
Runde	5.27	45:29	8:37	53	17:20	239	22:57	31.62	4:11:06	7:56	28	26:49	263	1:57:29
Runde	5.27	51:06	9:41	57	22:39	254	27:54	36.89	5:02:12	8:11	28	30:33	262	2:25:23
Runde	5.27	48:42	9:14	52	21:42	240	32:57	42.16	5:50:54	8:19	59	4:57:32	268	4:57:32