



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Schlatter, Adrian

□□: LSV Basel
 □□: 335

□□: 42.16 km
 Marathon

□□□□:
 Männer M45

□□□: 3:40:26

□□: 11.43 km/h
 □□□□: 5:14 min/km

□□□□□/□□□: 12 (of 311)

□□□□□/□: 12 (of 279)

□□□□□□: 3:02:44

□□□□□: 1(of 62)

□□□□□□□: 3:40:26

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Runde	5.27	25:18	4:48	2	1:08	18	3:35	5.27	25:18	4:48	35	-	-	18	
Runde	5.27	25:14	4:47	2	0:26	15	3:31	10.54	50:32	4:47	32	-	-	13	7:06
Runde	5.27	26:17	4:59	2	0:36	19	4:02	15.81	1:16:49	4:51	32	-	-	13	11:08
Runde	5.27	26:38	5:03	1	-	13	3:50	21.08	1:43:27	4:54	32	-	-	13	14:58
Runde	5.27	28:08	5:20	1	-	15	5:32	26.35	2:11:35	4:59	32	-	-	13	20:30
Runde	5.27	29:05	5:31	1	-	14	6:33	31.62	2:40:40	5:04	32	-	-	13	27:03
Runde	5.27	29:54	5:40	2	0:08	10	6:42	36.89	3:10:34	5:09	32	-	-	13	33:45
Runde	5.27	29:52	5:40	3	14:07	14	14:07	42.16	3:40:26	5:13	3	2:43:02	-	17	2:47:04