



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

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Niemann, Carsten

□□: TC FIKO Rostock

□□: 270

Enduro Short U15 & 4Fun

□□□□:

Männer M40

□□□: 3:41:58

□□: - km/h

□□□□: 7:01 min/km

□□□□□/□□□□: 11 (of 23)

□□□□□/□: 11 (of 22)

□□□□□□: 2:46:55

□□□□□: 4(of 6)

□□□□□□□: 3:14:32

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Runde	5.27	30:48	5:50	3	5:31	7	5:31	5.27	30:48	5:50	4	2:33	13	
Runde	5.27	32:11	6:06	4	4:49	7	5:22	10.54	1:02:59	5:58	4	4:23	13	
Runde	5.27	33:14	6:18	4	4:13	8	6:22	15.81	1:36:13	6:05	4	7:31	13	
Runde	5.27	34:05	6:28	4	3:41	7	6:09	21.08	2:10:18	6:10	4	11:12	13	
Runde	5.27	36:39	6:57	3	4:47	6	8:20	26.35	2:46:57	6:20	4	15:59	13	
Runde	5.27	55:01	10:26	6	15:22	22	23:53	-	3:41:58	-	4	27:26	11	55:03