



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

□□□□

HEIN, Oliver

□□: Vacha

□□: 8

□□: 42.25 km

Marathon

□□□□:

Männer M30

□□□: 3:07:41

□□: 13.43 km/h

□□□□: 4:26 min/km

□□□□□/□□□□: 6 (of 143)

□□□□□/□: 6 (of 129)

□□□□□□: 2:55:38

□□□□□: 1(of 11)

□□□□□□□: 3:07:41

□□□□

□□□□

□□□

| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|--------|------|-------|--------|----|------|----|------|-------|---------|--------|----|-------|----|-------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 3.25 | 12:22 | 3:48 | 1 | - | 2 | 0:05 | 3.25 | 12:22 | 3:48 | 2 | - | 10 | |
| □□ 2 | 3.25 | 12:51 | 3:57 | 1 | - | 1 | - | 6.50 | 25:13 | 3:52 | 2 | - | 10 | |
| □□ 3 | 3.25 | 12:58 | 3:59 | 1 | - | 3 | 0:03 | 9.75 | 38:11 | 3:54 | 2 | - | 10 | |
| □□ 4 | 3.25 | 12:59 | 3:59 | 1 | - | 3 | 0:06 | 13.00 | 51:10 | 3:56 | 2 | - | 10 | |
| □□ 5 | 3.25 | 13:09 | 4:02 | 1 | - | 3 | 0:08 | 16.25 | 1:04:19 | 3:57 | 2 | - | 10 | |
| □□ 6 | 3.25 | 13:40 | 4:12 | 1 | - | 4 | 0:47 | 19.50 | 1:17:59 | 3:59 | 2 | - | 10 | |
| □□ 7 | 3.25 | 13:37 | 4:11 | 1 | - | 3 | 0:27 | 22.75 | 1:31:36 | 4:01 | 2 | - | 10 | |
| □□ 8 | 3.25 | 14:05 | 4:20 | 1 | - | 5 | 0:33 | 26.00 | 1:45:41 | 4:03 | 1 | - | 6 | 1:27 |
| □□ 9 | 3.25 | 14:36 | 4:29 | 1 | - | 6 | 0:58 | 29.25 | 2:00:17 | 4:06 | 1 | - | 6 | 2:13 |
| □□ 10 | 3.25 | 14:53 | 4:34 | 1 | - | 6 | 0:50 | 32.50 | 2:15:10 | 4:09 | 1 | - | 6 | 3:03 |
| □□ 11 | 3.25 | 15:51 | 4:52 | 1 | - | 11 | 1:43 | 35.75 | 2:31:01 | 4:13 | 1 | - | 6 | 4:46 |
| □□ 12 | 3.25 | 18:32 | 5:42 | 4 | 1:37 | 36 | 4:41 | 39.00 | 2:49:33 | 4:20 | 1 | - | 6 | 8:35 |
| □□□ □□ | 3.25 | 18:08 | 5:34 | 4 | 1:49 | 34 | 4:33 | 42.25 | 3:07:41 | 4:26 | 2 | 37:58 | 10 | 37:58 |