



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

□□□□

**KASSEL, Klaus**

□□: West Coast Athletic Club

□□: 166

□□: 42.25 km

Marathon

□□□□:

Männer M60

□□□: 3:40:30

□□: 11.43 km/h

□□□□: 5:13 min/km

□□□□□/□□□: 39 (of 143)

□□□□□/□: 38 (of 129)

□□□□□□: 2:55:38

□□□□□: 1(of 4)

□□□□□□□: 3:40:30

□□□□

□□□□

□□□

| □□□    | □□   | □□    | □□     | □□ | □□ | □□ | □□   | □□□   | □□□     | □□□    | □□ | □□ | □□ | □□      |
|--------|------|-------|--------|----|----|----|------|-------|---------|--------|----|----|----|---------|
|        | km   | □□    | min/km | -  | -  | □  | □    | km    | □□      | min/km | -  | -  | □  | □       |
| □□ 1   | 3.25 | 15:49 | 4:51   | 1  | -  | 46 | 3:32 | 3.25  | 15:49   | 4:51   | 1  | -  | 44 |         |
| □□ 2   | 3.25 | 16:14 | 4:59   | 1  | -  | 46 | 3:23 | 6.50  | 32:03   | 4:55   | 1  | -  | 44 |         |
| □□ 3   | 3.25 | 16:11 | 4:58   | 1  | -  | 40 | 3:16 | 9.75  | 48:14   | 4:56   | 1  | -  | 44 |         |
| □□ 4   | 3.25 | 16:07 | 4:57   | 1  | -  | 36 | 3:14 | 13.00 | 1:04:21 | 4:56   | 1  | -  | 44 |         |
| □□ 5   | 3.25 | 16:02 | 4:56   | 1  | -  | 35 | 3:01 | 16.25 | 1:20:23 | 4:56   | 1  | -  | 42 |         |
| □□ 6   | 3.25 | 16:28 | 5:03   | 1  | -  | 37 | 3:35 | 19.50 | 1:36:51 | 4:58   | 1  | -  | 44 |         |
| □□ 7   | 3.25 | 16:31 | 5:04   | 1  | -  | 38 | 3:21 | 22.75 | 1:53:22 | 4:58   | 1  | -  | 44 |         |
| □□ 8   | 3.25 | 16:59 | 5:13   | 1  | -  | 38 | 3:27 | 26.00 | 2:10:21 | 5:00   | 1  | -  | 40 | 26:07   |
| □□ 9   | 3.25 | 17:12 | 5:17   | 1  | -  | 34 | 3:34 | 29.25 | 2:27:33 | 5:02   | 1  | -  | 40 | 29:29   |
| □□ 10  | 3.25 | 17:48 | 5:28   | 1  | -  | 37 | 3:45 | 32.50 | 2:45:21 | 5:05   | 1  | -  | 39 | 33:14   |
| □□ 11  | 3.25 | 18:07 | 5:34   | 1  | -  | 35 | 3:59 | 35.75 | 3:03:28 | 5:07   | 1  | -  | 38 | 37:13   |
| □□ 12  | 3.25 | 18:38 | 5:44   | 1  | -  | 40 | 4:47 | 39.00 | 3:22:06 | 5:10   | 1  | -  | 38 | 41:08   |
| □□□ □□ | 3.25 | 18:24 | 5:39   | 1  | -  | 39 | 4:49 | 42.25 | 3:40:30 | 5:13   | 1  | -  | 44 | 1:10:47 |