



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

0000

BERGMANN, Jan

00: Hagenburg

00: 10

00: 42.25 km

Marathon

0000:

Männer M30

000: 3:42:21

00: 11.33 km/h

0000: 5:16 min/km

00000/0000: 42 (of 143)

00000/0: 41 (of 129)

000000: 2:55:38

00000: 5(of 11)

0000000: 3:07:41

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	14:55	4:35	5	2:33	31	2:38	3.25	14:55	4:35	6	-	47	
00 2	3.25	15:30	4:46	5	2:39	34	2:39	6.50	30:25	4:40	6	-	23	
00 3	3.25	15:54	4:53	5	2:56	36	2:59	9.75	46:19	4:45	6	-	47	
00 4	3.25	16:13	4:59	5	3:14	40	3:20	13.00	1:02:32	4:48	6	-	47	
00 5	3.25	16:36	5:06	6	3:27	44	3:35	16.25	1:19:08	4:52	6	-	47	
00 6	3.25	16:35	5:06	5	2:55	38	3:42	19.50	1:35:43	4:54	6	-	47	
00 7	3.25	16:52	5:11	6	3:15	44	3:42	22.75	1:52:35	4:56	6	-	47	
00 8	3.25	17:16	5:18	5	3:11	45	3:44	26.00	2:09:51	4:59	5	24:10	43	25:37
00 9	3.25	17:45	5:27	5	3:09	42	4:07	29.25	2:27:36	5:02	5	27:19	43	29:32
00 10	3.25	18:27	5:40	5	3:34	49	4:24	32.50	2:46:03	5:06	5	30:53	42	33:56
00 11	3.25	18:44	5:45	5	2:53	39	4:36	35.75	3:04:47	5:10	5	33:46	41	38:32
00 12	3.25	19:01	5:51	5	2:06	43	5:10	39.00	3:23:48	5:13	5	34:15	41	42:50
000 00	3.25	18:33	5:42	5	2:14	42	4:58	42.25	3:42:21	5:15	6	1:12:38	47	1:12:38