



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

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MARTIN, Alexandra

□□□: 3:46:46

□□: TSV Wiesentheid

□□: 11.11 km/h

□□: 143

□□□□: 5:22 min/km

□□: 42.25 km

□□□□□/□□□: 46 (of 143)

Marathon

□□□□□/□: 2 (of 14)

□□□□□□: 3:25:50

□□□□:

□□□□□: 1(of 1)

Frauen W35

□□□□□□□: 3:46:46

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	3.25	17:11	5:17	1	-	5	2:23	3.25	17:11	5:17	1	-	3	
□□ 2	3.25	17:06	5:15	1	-	4	2:16	6.50	34:17	5:16	1	-	2	4:39
□□ 3	3.25	16:50	5:10	1	-	3	1:52	9.75	51:07	5:14	1	-	2	6:31
□□ 4	3.25	16:34	5:05	1	-	2	1:18	13.00	1:07:41	5:12	1	-	2	7:49
□□ 5	3.25	17:00	5:13	1	-	2	1:38	16.25	1:24:41	5:12	1	-	2	9:27
□□ 6	3.25	17:13	5:17	1	-	2	1:46	19.50	1:41:54	5:13	1	-	2	11:13
□□ 7	3.25	17:23	5:20	1	-	2	1:28	22.75	1:59:17	5:14	1	-	2	12:41
□□ 8	3.25	17:14	5:18	1	-	2	1:02	26.00	2:16:31	5:15	1	-	2	13:43
□□ 9	3.25	17:38	5:25	1	-	2	1:15	29.25	2:34:09	5:16	1	-	2	14:58
□□ 10	3.25	17:51	5:29	1	-	2	1:20	32.50	2:52:00	5:17	1	-	2	16:18
□□ 11	3.25	18:01	5:32	1	-	3	0:58	35.75	3:10:01	5:18	1	-	2	17:16
□□ 12	3.25	18:51	5:48	1	-	3	2:07	39.00	3:28:52	5:21	1	-	2	19:23
□□□ □□	3.25	17:54	5:30	1	-	3	1:33	42.25	3:46:46	5:22	1	-	3	2:58:42