



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

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GRIMM, Steffen

000: 4:22:34

00: Laufwerk Mosbach

00: 9.65 km/h

00: 41

0000: 6:13 min/km

00: 42.25 km

00000/000: 94 (of 143)

Marathon

00000/0: 88 (of 129)

000000: 2:55:38

0000:

00000: 14(of 23)

Männer M40

0000000: 3:12:05

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:56	5:49	18	5:22	101	6:39	3.25	18:56	5:49	9	0:53	91	2:26
00 2	3.25	18:44	5:45	20	5:03	100	5:53	6.50	37:40	5:47	9	1:49	90	3:41
00 3	3.25	18:17	5:37	16	4:15	86	5:22	9.75	55:57	5:44	9	2:52	90	3:53
00 4	3.25	20:00	6:09	17	5:57	103	7:07	13.00	1:15:57	5:50	8	5:50	90	5:26
00 5	3.25	18:29	5:41	16	4:17	85	5:28	16.25	1:34:26	5:48	9	7:17	92	5:21
00 6	3.25	18:49	5:47	16	4:22	86	5:56	19.50	1:53:15	5:48	8	9:11	92	5:03
00 7	3.25	19:56	6:08	19	5:23	97	6:46	22.75	2:13:11	5:51	9	12:19	92	4:36
00 8	3.25	19:47	6:05	15	5:08	86	6:15	26.00	2:32:58	5:53	9	20:53	86	48:44
00 9	3.25	20:55	6:26	16	6:04	94	7:17	29.25	2:53:53	5:56	9	22:31	88	55:49
00 10	3.25	19:48	6:05	12	4:34	68	5:45	32.50	3:13:41	5:57	8	22:25	86	1:01:34
00 11	3.25	24:44	7:36	16	9:08	106	10:36	35.75	3:38:25	6:06	9	23:45	85	1:12:10
00 12	3.25	21:26	6:35	14	5:19	75	7:35	39.00	3:59:51	6:08	9	23:57	85	1:18:53
000 00	3.25	22:43	6:59	17	6:40	93	9:08	42.25	4:22:34	6:12	15	1:50:54	93	1:52:51