



# 5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

0000

**SPEICHER, Uwe**

000: 4:22:34

00: Laufwerk Mosbach

00: 9.60 km/h

00: 103

0000: 6:13 min/km

00: 42.25 km

00000/000: 95 (of 143)

Marathon

00000/0: 89 (of 129)

000000: 2:55:38

0000:

00000: 15(of 20)

Männer M50

0000000: 3:09:03

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	18:56	5:49	17	5:42	101	6:39	3.25	18:56	5:49	8	2:40	91	2:26
00 2	3.25	18:44	5:45	16	4:53	100	5:53	6.50	37:40	5:47	8	4:26	90	3:41
00 3	3.25	18:17	5:37	15	4:10	86	5:22	9.75	55:57	5:44	8	5:22	90	3:53
00 4	3.25	20:00	6:09	16	5:45	103	7:07	13.00	1:15:57	5:50	8	7:56	90	5:26
00 5	3.25	18:30	5:41	14	4:08	87	5:29	16.25	1:34:27	5:48	8	8:44	91	5:22
00 6	3.25	18:46	5:46	15	4:15	84	5:53	19.50	1:53:13	5:48	8	9:15	93	5:01
00 7	3.25	19:53	6:07	15	5:12	94	6:43	22.75	2:13:06	5:51	8	9:45	91	4:31
00 8	3.25	19:40	6:03	15	4:49	81	6:08	26.00	2:32:46	5:52	8	10:10	89	48:32
00 9	3.25	20:19	6:15	14	5:22	82	6:41	29.25	2:53:05	5:55	8	11:03	87	55:01
00 10	3.25	20:36	6:20	15	5:36	82	6:33	32.50	3:13:41	5:57	8	11:37	86	1:01:34
00 11	3.25	24:38	7:34	19	9:30	102	10:30	35.75	3:38:19	6:06	8	16:07	87	1:12:04
00 12	3.25	21:30	6:36	14	6:19	78	7:39	39.00	3:59:49	6:08	8	17:25	87	1:18:51
000 00	3.25	22:45	7:00	15	7:50	95	9:10	42.25	4:22:34	6:12	15	1:13:31	93	1:52:51