



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

0000

WÖRNER, Martin

00: Leipzig

00: 11

00: 42.25 km

Marathon

0000:

Männer M30

000: 4:24:00

00: 9.55 km/h

0000: 6:15 min/km

00000/000: 100 (of 143)

00000/0: 94 (of 129)

000000: 2:55:38

00000: 8(of 11)

0000000: 3:07:41

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	19:30	6:00	11	7:08	117	7:13	3.25	19:30	6:00	9	3:00	98	3:00
00 2	3.25	19:17	5:56	10	6:26	107	6:26	6.50	38:47	5:58	9	4:48	98	4:48
00 3	3.25	19:15	5:55	11	6:17	106	6:20	9.75	58:02	5:57	9	5:58	98	5:58
00 4	3.25	19:43	6:03	10	6:44	101	6:50	13.00	1:17:45	5:58	9	7:14	98	7:14
00 5	3.25	18:25	5:40	7	5:16	81	5:24	16.25	1:36:10	5:55	9	7:05	98	7:05
00 6	3.25	18:50	5:47	8	5:10	88	5:57	19.50	1:55:00	5:53	9	6:48	98	6:48
00 7	3.25	19:59	6:08	8	6:22	100	6:49	22.75	2:14:59	5:55	9	6:24	98	6:24
00 8	3.25	20:01	6:09	7	5:56	88	6:29	26.00	2:35:00	5:57	8	49:19	94	50:46
00 9	3.25	20:46	6:23	7	6:10	91	7:08	29.25	2:55:46	6:00	8	55:29	94	57:42
00 10	3.25	22:38	6:57	8	7:45	100	8:35	32.50	3:18:24	6:06	8	1:03:14	93	1:06:17
00 11	3.25	22:00	6:46	8	6:09	84	7:52	35.75	3:40:24	6:09	8	1:09:23	92	1:14:09
00 12	3.25	23:30	7:13	7	6:35	97	9:39	39.00	4:03:54	6:15	8	1:14:21	92	1:22:56
000 00	3.25	20:06	6:11	7	3:47	61	6:31	42.25	4:24:00	6:14	9	1:54:17	100	1:54:17