



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

□□□□

BANATZKI, ILka Maria

□□□: 4:58:38

□□: PHOTO PERFECT Suhl

□□: 8.44 km/h

□□: 154

□□□□: 7:04 min/km

□□: 42.25 km

□□□□□/□□□□: 126 (of 143)

Marathon

□□□□□/□: 10 (of 14)

□□□□□□: 3:25:50

□□□□:

□□□□□: 3(of 3)

Frauen W45

□□□□□□□: 3:59:02

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	19:09	5:53	3	2:19	7	4:21	3.25	19:09	5:53	3	2:19	11		
□□ 2	3.25	20:17	6:14	3	2:48	10	5:27	6.50	39:26	6:03	3	5:07	10	9:48	
□□ 3	3.25	20:56	6:26	3	3:16	10	5:58	9.75	1:00:22	6:11	3	8:23	10	15:46	
□□ 4	3.25	21:05	6:29	3	2:50	10	5:49	13.00	1:21:27	6:15	3	11:13	10	21:35	
□□ 5	3.25	21:43	6:40	3	3:07	11	6:21	16.25	1:43:10	6:20	3	14:20	10	27:56	
□□ 6	3.25	22:30	6:55	2	4:21	9	7:03	19.50	2:05:40	6:26	3	18:41	10	34:59	
□□ 7	3.25	22:58	7:03	3	4:52	9	7:03	22.75	2:28:38	6:31	3	23:33	10	42:02	
□□ 8	3.25	26:05	8:01	3	7:28	12	9:53	26.00	2:54:43	6:43	3	31:01	10	51:55	
□□ 9	3.25	24:18	7:28	3	5:02	10	7:55	29.25	3:19:01	6:48	3	36:03	10	59:50	
□□ 10	3.25	26:32	8:09	3	7:18	13	10:01	32.50	3:45:33	6:56	3	43:21	10	1:09:51	
□□ 11	3.25	26:15	8:04	3	6:53	12	9:12	35.75	4:11:48	7:02	3	50:14	10	1:19:03	
□□ 12	3.25	26:18	8:05	3	7:15	12	9:34	39.00	4:38:06	7:07	3	57:29	10	1:28:37	
□□□ □□	3.25	20:32	6:19	2	2:07	5	4:11	42.25	4:58:38	7:04	3	59:36	11	4:10:34	