



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

0000

WANIELIK, Jens

00: Laufsporbuch

00: 14

00: 42.25 km

Marathon

0000:

Männer M35

000: 5:01:53

00: 8.35 km/h

0000: 7:09 min/km

00000/000: 128 (of 143)

00000/0: 118 (of 129)

000000: 2:55:38

00000: 16(of 17)

0000000: 2:55:38

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
00 1	3.25	20:40	6:21	17	8:23	127	8:23	3.25	20:40	6:21	2	3:38	124	4:10
00 2	3.25	21:20	6:33	17	8:26	128	8:29	6.50	42:00	6:27	2	6:49	124	8:01
00 3	3.25	21:20	6:33	17	8:25	124	8:25	9.75	1:03:20	6:29	2	10:04	124	11:16
00 4	3.25	21:26	6:35	17	8:33	120	8:33	13.00	1:24:46	6:31	2	13:25	124	14:15
00 5	3.25	21:33	6:37	17	8:32	122	8:32	16.25	1:46:19	6:32	2	16:43	124	17:14
00 6	3.25	22:23	6:53	17	9:30	124	9:30	19.50	2:08:42	6:35	2	20:15	124	20:30
00 7	3.25	22:50	7:01	16	9:40	118	9:40	22.75	2:31:32	6:39	2	23:40	124	22:57
00 8	3.25	24:28	7:31	15	10:56	121	10:56	26.00	2:56:00	6:46	16	1:11:46	120	1:11:46
00 9	3.25	24:56	7:40	15	11:18	122	11:18	29.25	3:20:56	6:52	16	1:22:52	120	1:22:52
00 10	3.25	25:52	7:57	15	11:49	119	11:49	32.50	3:46:48	6:58	16	1:34:41	119	1:34:41
00 11	3.25	26:40	8:12	16	12:32	119	12:32	35.75	4:13:28	7:05	16	1:47:13	118	1:47:13
00 12	3.25	25:12	7:45	16	10:29	108	11:21	39.00	4:38:40	7:08	16	1:57:42	118	1:57:42
000 00	3.25	23:13	7:08	15	8:33	98	9:38	42.25	5:01:53	7:08	17	2:10:27	124	2:32:10