



5. Kristallmarathon im Erlebnisbergwerk Merkers

Merkers / 20.02.2011

□□□□

EICHNER, Sigrid

□□: 100 Marathon Club

□□: 160

□□: 42.25 km

Marathon

□□□□:

Frauen W70

□□□: 5:07:55

□□: 8.18 km/h

□□□□: 7:17 min/km

□□□□□/□□□□: 133 (of 143)

□□□□□/□: 13 (of 14)

□□□□□□: 3:25:50

□□□□□: 1(of 1)

□□□□□□□: 5:07:55

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	3.25	20:55	6:26	1	-	13	6:07	3.25	20:55	6:26	1	-	14		
□□ 2	3.25	21:34	6:38	1	-	13	6:44	6.50	42:29	6:32	1	-	13	12:51	
□□ 3	3.25	21:54	6:44	1	-	13	6:56	9.75	1:04:23	6:36	1	-	13	19:47	
□□ 4	3.25	22:08	6:48	1	-	13	6:52	13.00	1:26:31	6:39	1	-	13	26:39	
□□ 5	3.25	22:26	6:54	1	-	13	7:04	16.25	1:48:57	6:42	1	-	13	33:43	
□□ 6	3.25	22:52	7:02	1	-	13	7:25	19.50	2:11:49	6:45	1	-	13	41:08	
□□ 7	3.25	23:10	7:07	1	-	10	7:15	22.75	2:34:59	6:48	1	-	13	48:23	
□□ 8	3.25	24:49	7:38	1	-	11	8:37	26.00	2:59:48	6:54	1	-	13	57:00	
□□ 9	3.25	25:11	7:44	1	-	13	8:48	29.25	3:24:59	7:00	1	-	13	1:05:48	
□□ 10	3.25	25:39	7:53	1	-	11	9:08	32.50	3:50:38	7:05	1	-	13	1:14:56	
□□ 11	3.25	25:46	7:55	1	-	11	8:43	35.75	4:16:24	7:10	1	-	13	1:23:39	
□□ 12	3.25	25:48	7:56	1	-	11	9:04	39.00	4:42:12	7:14	1	-	13	1:32:43	
□□□ □□	3.25	25:43	7:54	1	-	13	9:22	42.25	5:07:55	7:17	1	-	14	4:19:51	