



5. Lönskrug Warm-Up MTB-Marathon

Hellental (Gemeinde Heinade) / 17.04.2011

□□□□

Schäfer, Frank

□□□: 2:10:50

□□: Bike-Team Blöte

□□: 18.71 km/h

□□: 37

□□: 40.80 km

□□□□□/□□□: 79 (of 101)

Mitteldistanz Hobby

□□□□□/□: 79 (of 96)

□□□□□□: 1:27:59

□□□□:

□□□□□: 28(of 36)

Senioren I Hobby

□□□□□□□: 1:39:22

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|--------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| □□ 1 | 16.30 | 51:28 | 19.00 | 28 | 11:02 | 80 | 16:50 | 16.30 | 51:28 | 19.00 | 1 | - | 41 | 6:19 |
| □□ 2 | 20.40 | 1:07:01 | 18.26 | 28 | 17:48 | 79 | 22:28 | 36.70 | 1:58:29 | 18.58 | 1 | - | 41 | 13:15 |
| □□□ □□ | 4.10 | 12:21 | 19.92 | 26 | 3:02 | 77 | 3:56 | 40.80 | 2:10:50 | 18.71 | 28 | 31:28 | 81 | 1:32:14 |