

5. Lönskrug Warm-Up MTB-Marathon Hellental (Gemeinde Heinade) / 17.04.2011



Köhler, Ira □□: 2:13:16 □: Emmerthal □: 18.01 km/h

[]: 55

□□: 40.80 km

Mitteldistanz Hobby

 □□□□:
 □□□□□: 1(of 2)

 Seniorinnen I Hobby
 □□□□□□: 2:13:16

	km		km/h	-	-			km		km/h	-	-		
<u> </u>	16.30	51:53	18.50	1	-	1	-	16.30	51:53	18.50	1	-	2	
□□ 2	20.40	1:08:28	17.53	1	-	3	1:31	36.70	2:00:21	17.95	1	-	2	0:44
	4.10	12:55	18.58	1	-	2	0:04	40.80	2:13:16	18.01	1	-	2	0:48