



5. Lönskrug Warm-Up MTB-Marathon  
 Hellental (Gemeinde Heinade) / 17.04.2011

0000

Köhler, Ira

000: 2:13:16

00: Emmerthal

00: 18.37 km/h

00: 55

00: 40.80 km

00000/000: 85 (of 101)

Mitteldistanz Hobby

00000/0: 2 (of 5)

000000: 2:12:28

0000:

00000: 1(of 2)

Seniorinnen I Hobby

0000000: 2:13:16

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0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
00 1	16.30	51:53	18.85	1	-	1	-	16.30	51:53	18.85	1	-	2	
00 2	20.40	1:08:28	17.88	1	-	3	1:31	36.70	2:00:21	18.30	1	-	2	0:44
000 00	4.10	12:55	19.05	1	-	2	0:04	40.80	2:13:16	18.37	1	-	2	0:48