



5. Lönskrug Warm-Up MTB-Marathon

Hellental (Gemeinde Heinade) / 17.04.2011

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Bockskopf, Volker

□□□: 2:20:15

□□: Aerzen

□□: 17.11 km/h

□□: 653

□□: 40.80 km

□□□□□/□□□: 93 (of 101)

Mitteldistanz Hobby

□□□□□/□: 89 (of 96)

□□□□□□: 1:27:59

□□□□:

□□□□□: 34(of 36)

Senioren I Hobby

□□□□□□□: 1:39:22

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	50:01	19.19	25	9:35	76	15:23	16.30	50:01	19.19	16		31	4:52
□□ 2	20.40	1:14:41	16.07	35	25:28	91	30:08	36.70	2:04:42	17.32	16	6:13	31	19:28
□□□ □□	4.10	15:33	15.43	36	6:14	93	7:08	40.80	2:20:15	17.11	34	40:53	91	1:41:39