



5. Lönskrug Warm-Up MTB-Marathon

Hellental (Gemeinde Heinade) / 17.04.2011

□□□□

Huxhage, Frederik

□□□: 2:26:45

□□: Bike-Sport-Lippe e. V., Conway-Racing-Team

□□: 24.94 km/h

□□: 642

□□: 61.20 km

□□□□□/□□□: 6 (of 12)

Langdistanz Lizenz

□□□□□/□: 6 (of 12)

□□□□□□: 2:12:39

□□□□:

□□□□□: 2(of 3)

Herren Lizenz

□□□□□□□: 2:24:22

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	36:39	26.19	2	0:33	4	2:04	16.30	36:39	26.19	2	0:33	6	1:53
□□ 2	20.40	49:18	24.34	2	3:24	6	4:53	36.70	1:25:57	25.13	2	3:57	6	6:46
□□ 3	20.40	50:37	23.71	1	-	5	5:41	57.10	2:16:34	25.04	2	2:04	6	12:27
□□□ □□	4.10	10:11	23.57	2	0:19	6	1:39	61.20	2:26:45	24.94	2	2:23	6	14:06