



# 5. Lönskrug Warm-Up MTB-Marathon

Hellental (Gemeinde Heinade) / 17.04.2011

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Fahr, Lutz

□□□: 2:28:44

□□: BikeKult Cannondale

□□: 24.61 km/h

□□: 229

□□: 61.20 km

□□□□□/□□□: 4 (of 25)

Langdistanz Hobby

□□□□□/□: 4 (of 23)

□□□□□□: 2:13:01

□□□□:

□□□□□: 3(of 14)

Senioren I Hobby

□□□□□□□: 2:13:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	38:19	25.05	3	3:04	4	3:04	16.30	38:19	25.05	3	3:04	21	
□□ 2	20.40	49:32	24.23	3	5:27	4	5:27	36.70	1:27:51	24.59	3	8:31	21	
□□ 3	20.40	50:52	23.59	3	6:13	4	6:13	57.10	2:18:43	24.65	3	14:44	20	
□□□ □□	4.10	10:01	23.96	3	0:59	4	0:59	61.20	2:28:44	24.61	3	15:43	4	15:43