



5. Lönskrug Warm-Up MTB-Marathon

Hellental (Gemeinde Heinade) / 17.04.2011

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Rother, Hans Ulrich

□□□: 2:32:46

□□: Deister-MTB-Team

□□: 15.71 km/h

□□: 647

□□: 40.80 km

□□□□□/□□□: 98 (of 101)

Mitteldistanz Hobby

□□□□□/□: 94 (of 96)

□□□□□□: 1:27:59

□□□□:

□□□□□: 36(of 36)

Senioren I Hobby

□□□□□□□: 1:39:22

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	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	1:01:31	15.61	36	21:05	94	26:53	16.30	1:01:31	15.61	18	10:03	26	16:22
□□ 2	20.40	1:16:16	15.73	36	27:03	92	31:43	36.70	2:17:47	15.68	18	19:18	26	32:33
□□□ □□	4.10	14:59	16.02	35	5:40	91	6:34	40.80	2:32:46	15.71	36	53:24	96	1:54:10