



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

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Ulbrich, Joscha

□□□: 2:35:21

□□: www.joscha2k.de

□□: 23.64 km/h

□□: 628

□□: 61.20 km

□□□□□/□□□: 6 (of 25)

Langdistanz Hobby

□□□□□/□: 6 (of 23)

□□□□□□: 2:13:01

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□□□□□: 1(of 3)

Herren Hobby

□□□□□□□: 2:35:21

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	40:43	24.02	1	-	8	5:28	16.30	40:43	24.02	1	-	19	
□□ 2	20.40	51:13	23.90	1	-	6	7:08	36.70	1:31:56	23.95	1	-	19	
□□ 3	20.40	53:18	22.96	1	-	6	8:39	57.10	2:25:14	23.59	1	-	18	
□□□ □□	4.10	10:07	24.32	1	-	5	1:05	61.20	2:35:21	23.64	1	-	6	22:20