



5. Lönskrug Warm-Up MTB-Marathon  
 Hellental (Gemeinde Heinade) / 17.04.2011

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Heise, Christine

□□□: 2:50:02

□□: Bike-Sport-Lippe e. V.

□□: 21.60 km/h

□□: 635

□□: 61.20 km

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Langdistanz Hobby

□□□□□/□: 1 (of 2)

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□□□□□: 1(of 1)

Masters weiblich Hobby

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	43:36	22.43	1	-	1	-	16.30	43:36	22.43	1	-	2	
□□ 2	20.40	55:20	22.12	1	-	1	-	36.70	1:38:56	22.26	1	-	1	-
□□ 3	20.40	59:24	20.61	1	-	1	-	57.10	2:38:20	21.64	1	-	1	-
□□□ □□	4.10	11:42	21.03	1	-	1	-	61.20	2:50:02	21.60	1	-	2	1:46:57