



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

□□□□

Heise, Christine

□□□: 2:50:02

□□: Bike-Sport-Lippe e. V.

□□: 21.53 km/h

□□: 635

□□: 61.20 km

□□□□□/□□□: 14 (of 25)

Langdistanz Hobby

□□□□□/□: 1 (of 2)

□□□□□□: 2:50:02

□□□□:

□□□□□: 1(of 1)

Masters weiblich Hobby

□□□□□□□: 2:50:02

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	km/h	-	-	□	□	km	□□	km/h	-	-	□	□
□□ 1	16.30	43:36	22.02	1	-	1	-	16.30	43:36	22.02	1	-	2	
□□ 2	20.40	55:20	21.69	1	-	1	-	36.70	1:38:56	21.83	1	-	1	-
□□ 3	20.40	59:24	20.20	1	-	1	-	57.10	2:38:20	21.60	1	-	1	-
□□□ □□	4.10	11:42	20.51	1	-	1	-	61.20	2:50:02	21.53	1	-	2	1:46:57