

5. Lönskrug Warm-Up MTB-Marathon



Schmidt, Ronald □□□: 53:22 □□: Ostwest-Express □□: 22.49 km/h

□□: 695

______ 6 (of 17) □□: 20.40 km □□□□□/□: 6 (of 12) Kurzdistanz Hobby

____: 48:18

[][]: 1(of 2) _____: 53:22 Senioren II Hobby

	km		km/h	-	-			km		km/h	-	-		
<u> </u>	16.30	42:53	22.39	1	-	6	4:01	16.30	42:53	22.39	1	-	6	4:01
	4.10	10:29	22.89	1	-	6	1:15	20.40	53:22	22.49	1	-	6	5:04