



# 5. Lönskrug Warm-Up MTB-Marathon

Hellental (Gemeinde Heinade) / 17.04.2011

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**Brose, Torsten**

□□□: 3:24:58

□□: Deister-MTB-Team

□□: 17.86 km/h

□□: 617

□□: 61.20 km

□□□□□/□□□: 23 (of 25)

Langdistanz Hobby

□□□□□/□: 22 (of 23)

□□□□□□: 2:13:01

□□□□:

□□□□□: 13(of 14)

Senioren I Hobby

□□□□□□□: 2:13:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	52:46	18.19	14	17:31	23	17:31	16.30	52:46	18.19	14	17:31	2	11:17
□□ 2	20.40	1:06:59	17.91	14	22:54	23	22:54	36.70	1:59:45	18.04	14	40:25	2	23:31
□□ 3	20.40	1:10:54	16.93	13	26:15	22	26:15	57.10	3:10:39	17.94	13	1:06:40	2	37:54
□□□ □□	4.10	14:19	16.76	13	5:17	22	5:17	61.20	3:24:58	17.86	14	1:11:57	23	1:11:57