



# 5. Lönskrug Warm-Up MTB-Marathon

Hellental (Gemeinde Heinade) / 17.04.2011

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**Meier, Lars**

00: DDMC Solling e.V  
00: 2

00: 40.80 km  
Mitteldistanz Hobby

0000:  
Masters männlich Hobby

000: 1:36:43

00: 24.81 km/h

00000/000: 6 (of 101)

00000/0: 6 (of 96)

000000: 1:27:59

00000: 3(of 32)

0000000: 1:34:42

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| 000    | 00    | 00    | 00    | 00 | 00   | 00 | 00   | 000   | 000     | 000   | 00 | 00    | 00 | 00    |
|--------|-------|-------|-------|----|------|----|------|-------|---------|-------|----|-------|----|-------|
|        | km    | 00    | km/h  | -  | -    | 0  | 0    | km    | 00      | km/h  | -  | -     | 0  | 0     |
| 00 1   | 16.30 | 38:22 | 25.02 | 3  | 1:22 | 6  | 3:44 | 16.30 | 38:22   | 25.02 | 30 | -     | 67 |       |
| 00 2   | 20.40 | 49:32 | 24.23 | 3  | 0:53 | 7  | 4:59 | 36.70 | 1:27:54 | 24.57 | 30 | -     | 67 |       |
| 000 00 | 4.10  | 8:49  | 27.22 | 1  | -    | 3  | 0:24 | 40.80 | 1:36:43 | 24.81 | 4  | 58:07 | 7  | 58:07 |