



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

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Gomolinsky, Bastian

□□□: 1:46:31

□□: Porta Westfalica

□□: 22.53 km/h

□□: 232

□□: 40.80 km

□□□□□/□□□: 31 (of 101)

Mitteldistanz Hobby

□□□□□/□: 31 (of 96)

□□□□□□: 1:27:59

□□□□:

□□□□□: 10(of 32)

Masters männlich Hobby

□□□□□□□: 1:34:42

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	42:18	22.70	14	5:18	40	7:40	16.30	42:18	22.70	23		89	
□□ 2	20.40	54:16	22.11	9	5:37	27	9:43	36.70	1:36:34	22.37	23		89	
□□□ □□	4.10	9:57	24.12	9	1:08	27	1:32	40.80	1:46:31	22.53	11	1:07:55	32	1:07:55