



5. Lönskrug Warm-Up MTB-Marathon
 Hellental (Gemeinde Heinade) / 17.04.2011

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köhler, Tobias

□□□: 1:47:51

□□: Emmerthal

□□: 22.70 km/h

□□: 56

□□: 40.80 km

□□□□□/□□□: 34 (of 101)

Mitteldistanz Hobby

□□□□□/□: 34 (of 96)

□□□□□□: 1:27:59

□□□□:

□□□□□: 11(of 32)

Masters männlich Hobby

□□□□□□□: 1:34:42

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
□□ 1	16.30	41:41	23.46	10	4:41	29	7:03	16.30	41:41	23.46	22	-	86	
□□ 2	20.40	55:51	21.92	12	7:12	38	11:18	36.70	1:37:32	22.58	22	-	86	
□□□ □□	4.10	10:19	23.84	14	1:30	40	1:54	40.80	1:47:51	22.70	12	1:09:15	35	1:09:15