



5. Lönskrug Warm-Up MTB-Marathon

Hellental (Gemeinde Heinade) / 17.04.2011

Results

Pankoke, Guido

Time: 1:49:13

Start: Lemgo

Avg: 22.41 km/h

Age: 36

Dist: 40.80 km

Rank/Total: 41 (of 101)

Mitteldistanz Hobby

Rank/Group: 41 (of 96)

Best Time: 1:27:59

Category:

Rank/Group: 14 (of 32)

Masters männlich Hobby

Best Time: 1:34:42

Results

Results

Results

Rank	Time	Age	Dist	Avg	Rank	Time	Age	Dist	Avg	Rank	Time	Age	Dist	Avg
km	km	km/h	-	-	km	km	km/h	-	-	km	km	km/h	-	-
1	16.30	43:27	22.51	16	6:27	45	8:49	16.30	43:27	22.51	19	1:00	79	
2	20.40	55:33	22.03	11	6:54	36	11:00	36.70	1:39:00	22.24	19		79	
km	4.10	10:13	24.08	13	1:24	35	1:48	40.80	1:49:13	22.41	15	1:10:37	42	1:10:37