



5. Lönskrug Warm-Up MTB-Marathon  
 Hellental (Gemeinde Heinade) / 17.04.2011

0000

Bache, Thomas

000: 1:50:05

00: Spartakus Holtensen

00: 21.80 km/h

00: 11

00: 40.80 km

00000/000: 42 (of 101)

Mitteldistanz Hobby

00000/0: 42 (of 96)

000000: 1:27:59

0000:

00000: 11(of 36)

Senioren I Hobby

0000000: 1:39:22

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
00 1	16.30	42:41	22.49	10	2:15	43	8:03	16.30	42:41	22.49	29	-	78	
00 2	20.40	56:46	21.14	11	7:33	44	12:13	36.70	1:39:27	21.72	29	-	78	
000 00	4.10	10:38	22.57	14	1:19	48	2:13	40.80	1:50:05	21.80	11	10:43	43	1:11:29