



5. Lönskrug Warm-Up MTB-Marathon  
 Hellental (Gemeinde Heinade) / 17.04.2011

0000

Frommelt, Michael

000: 1:53:34

00: Alpin Club Hannover

00: - km/h

00: 211

00000/000: 47 (of 101)

Enduro Long Women

00000/0: 47 (of 96)

000000: 1:27:59

0000:

00000: 4(of 8)

Senioren II Hobby

0000000: 1:42:59

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
00 1	16.30	43:48	21.92	4	3:26	50	9:10	16.30	43:48	21.92	4	3:26	73	
00 2	20.40	59:01	20.33	4	6:02	52	14:28	36.70	1:42:49	21.01	4	9:22	73	
000 00	4.10	10:45	22.33	4	1:13	50	2:20	-	1:53:34	-	4	10:35	48	1:14:58